

UNDERESTIMATED

WEEK 1

2 TIMOTHY 1:5;
1 TIMOTHY 4:12

Never underestimate
your faith.

WEEK 2

1 TIMOTHY 6:20;
1 TIMOTHY 4:12

Never underestimate
your actions.

WEEK 3

1 TIMOTHY 4:12;
1 TIMOTHY 5:1-2

Never underestimate
wise adults in your life.

THINK ABOUT THIS

WEEK 1: Because of the way middle schoolers' brains are wired, it's easier for them to see something outside of themselves than it is to see it inside of themselves. For example, it's much easier for them to talk about the way they see others being underestimated than to actually share the ways in which they may be feeling or experiencing the same.

WEEK 2: For many kids in this phase, the struggle is not only to overcome those who underestimate them; it's to overcome the ways in which they underestimate themselves as well! Middle schoolers are often paralyzed by fear of failure or embarrassment, causing them to hesitate in trying new things because they underestimate their ability to succeed.

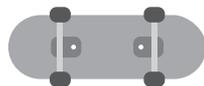
WEEK 3: Having an older, wiser voice speak into the life of your middle schooler is a big deal. As they may tend to tune out your voice more and more as they move through middle school, they'll be tuning their ears to other voices around them, making who they spend time with all the more important in this phase.

REMEMBER THIS

"Don't let anyone think less of you because you are young.
Be an example to all believers in what you say,
in the way you live, in your love, your faith, and your purity."
1 Timothy 4:12 NLT



PARENT CUE



MIDDLE SCHOOL

DO THIS



MORNING TIME

Your kid's small group leader is a key voice in their life right now. Take time this week to write them a note or shoot them a text to thank them for encouraging your student in their faith and speaking into their life each week.



DRIVE TIME

Share a story about a time you felt underestimated by someone when you were a teenager. Talk about how it made you feel at that time so that your kid knows that you can relate to the feeling of being underestimated.



MEAL TIME

Pick out a movie that highlights the story of an underdog. Watch it together as a family and talk about the ways in which each of you can relate to the underestimated character's struggles in the film.



BED TIME

Ask your kid about something new they've always wanted to try but don't think they can actually do. Talk about ways in which they may be underestimating themselves, and then, encourage them to give that new thing a try! Make a plan to get started on it this week.

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