

Part 3: Open Your Hands

We should fear the consequences of closing our hands more than the consequences of losing what's in them.

Discussion Questions

- 1. Who's your favorite person? Why?
- 2. Read **John 3:27–30**, where John the Baptist responded to the notion that some people were beginning to follow Jesus instead of him. What stands out to you? What does this passage say about John's posture?
- 3. What are you most tempted to cling to for fear of it slipping away?
- 4. In this series, we've discussed three habits:
 - · Surrender your will.
 - · Monitor your heart.
 - · Open your hands.

Of the three, what do you need to do most? What makes you say that?

5. What can you do to keep the three habits in front of you?