

SPRING  
2023

## High School



### Exclusive Drop

You've watched your teenager go through changes. You have pictures of them from different phases as they explore "who am I really?". This 2 week series emphasizes that our core identity is rooted in the idea that we're all unique and created in the image of God. As long as we know our inherent value and guiding values, we will never lose sight of who we are nor Who's we are.

#### MEMORY VERSE

"You saw me before I was born. Every day of my life was recorded in your book. Every moment was laid out before a single day had passed."  
Psalm 139:16, NLT

#### Week One

**Psalm 8:3-9, Genesis 1:27a, Colossians 1:15 NLT**

You can express yourself uniquely while you stay true to who you really are.

#### Week Two

**1 Samuel 16:6-12, Psalm 139:13-18**

Everyone is someone made uniquely in God's image.

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# High School

ENGAGE IN EVERYDAY MOMENTS TOGETHER



## Morning Time

As your teen starts their day, smile when they walk into the room. If they ask why, tell them that they've always been someone who makes you smile.



## Their Time

How and when does your teen prefer to communicate? Find those ways and adjust your own communication to connect with them.



## Meal Time

At a meal this week, have everyone answer this question: "What's one thing that makes you unique or sets you apart from other people?"



## Bed Time

Pray that both you and your teen will see the value in the things that make you unique.



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