



## 4th Quarter Comeback

Great Comebacks aren't just reserved for sports. We can leverage them too.... We can all make some adjustments that will make a difference this year and beyond. It's not too late to finish strong.

### Discussion Questions

1. When you think of great “comebacks” in sports, or life in general, what stories come to mind?

2. **Read Hebrews 12:1-3.** – Jame closed his message with the following 4 questions: • What habit is hindering me that I need to change? • What thought is entangling me that I need to adjust? • What joy would this change bring me by the end of the year? • Today, how can I fix my eyes on Jesus?

Choose at least one question from the list and spend some time reflecting on how it applies to your life right now.

3. Why is it important to identify and eliminate habits that hinder us and thoughts that entangle us?

4. What does it mean to 'fix your eyes on Jesus' and how can doing so help you finish the year strong?

5. What is a specific challenge or setback you're facing right now, and how can you apply faith, trust, and perseverance to overcome it?

6. What is one area of your life where you can shift your focus from the pain of change to the joy that change can bring?

7. How can running with a supportive group help you finish the year stronger? Who are some people in your life that you can lean on for encouragement and accountability, and how can you strengthen those relationships?

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*Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God. Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart. ~ Hebrews 12:1-3 NIV*